

## Special Issue

# Applications of Nasogastric Tube Renutrition in Medicine: Indications and Open Issues

### Message from the Guest Editor

The introduction of a nasogastric tube (NGT) in order to nourish patients who are affected by anorexia nervosa (AN) is a practice that may be applicable in cases of complete feeding refusal, severe malnutrition with incomplete oral feeding when oral nutrition is not indicated for medical reasons, or in subjects with insufficient bowel absorption. Notwithstanding its frequent nutritional recommendation and the research supporting its efficacy from a medical perspective, no study has systematically explored the psychological consequences of introducing an NGT in patients with AN, particularly concerning weight variations. Moreover, treatment with NGTs could be enhanced via the tailored selection of the product's composition and the careful monitoring of the possible complications (e.g., refeeding syndrome) that artificial nutrition may engender. This Special Issue of *Nutrients* aims to collect contributions from clinicians involved in AN treatment and research on the psychological, relational, nutritional, and clinical correlates of using NGTs in patients affected by AN.

### Guest Editor

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### Deadline for manuscript submissions

closed (20 September 2025)



## Nutrients

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*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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