

Special Issue

Nutritional Interventions for Neurodegenerative Disorders

Message from the Guest Editors

Neurodegenerative diseases, such as Alzheimer's disease and Parkinson's disease, are characterized by the progressive loss of neurons in the brain. While the exact causes of these diseases are not fully understood, there is growing evidence to suggest that nutritional factors play a role in their development and progression. The role of nutrition in neurodegeneration is intricate and multifaceted. Although specific dietary patterns and nutrients have exhibited potential in preventing and mitigating cognitive decline and neurodegeneration, additional research is required to comprehensively grasp the underlying mechanisms and formulate effective nutritional interventions. This Special Issue aims to include manuscripts that focus on nutrition, diet, nutritional treatment, and/or weight status in relation to the prevention and treatment of neurodegenerative diseases. The presented materials are the result of the international scientific cooperation of experts specializing in these issues. We hope that this Special Issue will be useful for clinical practitioners and inspire further innovative research.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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