Special Issue

The Importance of Diet Control in Patients with Polycystic Kidney Disease

Message from the Guest Editor

Autosomal dominant polycystic kidney disease (ADPKD) is the first genetic cause of end-stage renal disease (ESRD). It manifests clinically in most cases only after the fourth decade of life. So, there would be a great deal of room for the use of therapeutic interventions which, if effective and implemented early, could have a considerable impact on the progression of the disease. Obviously, dietary interventions, if proven effective, would have undoubted advantages in terms of safety and cost as compared to pharmacological ones. Furthermore, the problems related to malnutritional conditions that often occur in ADPKD patients should not be disregarded.

On this background, we decided to start with an Special Issue of Nutrients specifically directed at collecting any type of contribution (controlled interventional and/or observational studies; systematic reviews and/or metanalyses; case series; experimental studies; narrative reviews) dealing with one or more of the above-listed topics or any additional problem related to the dietary approach in ADPKD patients, at any stage of their disease.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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