

Special Issue

Understanding the Link between Oral Health, Nutrition, and Health Outcomes in Older Adults

Message from the Guest Editors

Nutritional status is an important factor in the overall health of older adults. Malnutrition can significantly elevate the risk of various adverse outcomes, including falls, frailty, depression, impaired functional ability, increased susceptibility to infections, prolonged hospital stays, higher mortality rates, and a greater economic burden on both the individual and society. The promotion of oral health serves as an initial step in preventing these health problems while also lowering the risk of malnutrition. Oral health also plays an important role in the essential human activity of eating, and nutrition in the geriatric period is closely associated with oral health status. Nevertheless, the dynamic interaction between oral health and an individual's overall physical and mental well-being can evolve over the course of one's life, often in tandem with changes in nutritional status, although their reporting and causal relationships have not been fully explored. In this Special Issue, I hope to gather valuable evidence on various aspects of understanding the link between oral health, nutrition, and health outcomes in older adults.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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