

## Special Issue

# Understanding the Link between Oral Health, Nutrition, and Health Outcomes in Older Adults

### Message from the Guest Editors

Nutritional status is an important factor in the overall health of older adults. Malnutrition can significantly elevate the risk of various adverse outcomes, including falls, frailty, depression, impaired functional ability, increased susceptibility to infections, prolonged hospital stays, higher mortality rates, and a greater economic burden on both the individual and society. The promotion of oral health serves as an initial step in preventing these health problems while also lowering the risk of malnutrition. Oral health also plays an important role in the essential human activity of eating, and nutrition in the geriatric period is closely associated with oral health status. Nevertheless, the dynamic interaction between oral health and an individual's overall physical and mental well-being can evolve over the course of one's life, often in tandem with changes in nutritional status, although their reporting and causal relationships have not been fully explored. In this Special Issue, I hope to gather valuable evidence on various aspects of understanding the link between oral health, nutrition, and health outcomes in older adults.

### Guest Editors

Dr. Yoko Hasegawa

Division of Comprehensive Prosthodontics, Faculty of Dentistry & Graduate School of Medical and Dental Sciences, Niigata University, Niigata 951-8514, Japan

Prof. Dr. Yasuharu Tabara

1. Center for Genomic Medicine, Graduate School of Medicine, Kyoto University, Kyoto 606-8501, Japan

2. Graduate School of Public Health, Shizuoka Graduate University of Public Health, Shizuoka 420-0881, Japan

### Deadline for manuscript submissions

closed (15 February 2025)



## Nutrients

an Open Access Journal  
by MDPI

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



[mdpi.com/si/188312](https://mdpi.com/si/188312)

*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)





# Nutrients

an Open Access Journal  
by MDPI

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)



## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)