

## Special Issue

# The Long-Term Impact of COVID-19 Lockdown and Adaptations on Dietary Habits, Lifestyle, and Psychological Health

### Message from the Guest Editors

Since the beginning of the COVID-19 pandemic, people have faced many challenges, and without any preparation. The different lockdowns have been associated with a wide range of changes in lifestyle, including dietary habits, physical activity, sedentary behavior, and sleep, and have had a major impact on psychological health. These observations have been reported at all ages of life. The goal of this Special Issue is to present the long-term impact of the COVID-19 pandemic, its consequences, and its adaptations among individuals. We are particularly interested in interventional studies conducted during or post-COVID-19 lockdown but also in any type of study conducted during these periods. This new information will provide healthcare professionals, and more broadly community and decision makers, with widespread, clear, and updated evidence on how to tackle and manage the post-COVID-19 period.

### Guest Editors

Dr. Aurélie Goncalves

APSY-V Lab, University Nîmes, 30021 Nîmes, France

Dr. Élodie Charbonnier

APSY-V Lab, University Nîmes, 30021 Nîmes, France

### Deadline for manuscript submissions

closed (25 April 2024)



## Nutrients

an Open Access Journal  
by MDPI

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



[mdpi.com/si/150714](https://mdpi.com/si/150714)

*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)





# Nutrients

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)



## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

---

### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)