

Special Issue

The Role of Nutritional Intervention in Obesity Treatment

Message from the Guest Editors

Obesity is a complex, chronic, relapsing disease and a global public health issue that adversely affects health. Obesity can be caused by a combination of numerous factors, including genetics, lifestyle habits, hormonal disorders, usage of some medications, chronic stress, emotional dysregulation, socioeconomic status, and environmental factors.

At present, the range of treatments for obesity that exist include lifestyle intervention, prescription medications for weight loss, endoscopic procedures, and bariatric surgeries.

Nutrition plays a key role in any chosen obesity treatment modality.

In the current Special Issue, original research manuscripts and reviews of the scientific literature that focus on the topic “The Role of Nutritional Intervention in Obesity Treatment” are invited for submission, including manuscripts that address the innovative and traditional nutritional interventions within obesity treatment in its various forms.

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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