

Special Issue

Effects of Dietary Patterns and Lifestyle on Neurodegenerative Diseases

Message from the Guest Editors

Neurodegenerative diseases include Alzheimer's disease (AD), Parkinson's disease (PD), parkinsonian syndromes, and amyotrophic lateral sclerosis (ALS), etc. The established risk factors of neurodegenerative diseases include certain genetic polymorphisms and aging. Other possible causes may include gender, poor education, endocrine conditions, oxidative stress, inflammation, stroke, hypertension, diabetes, smoking, traumatic brain injury (TBI), depression, infection, tumors, immune and metabolic conditions, and environmental pollution. Moreover, various lifestyle risk factors, including sleep, physical activity and an individual's dietary pattern, are garnering greater attention. The aim of this Special Issue is to assemble the latest research on these topics. Therefore, original studies, narrative and systematic reviews, and meta-analyses that attend to the effects of sleep duration, physical activity, and dietary patterns on neurodegenerative diseases are most welcome.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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