

Special Issue

Omega-3 Polyunsaturated Fatty Acids in Human Health and Disease

Message from the Guest Editors

Since Bang and Dyerberg's omega-3 discovery just over fifty years ago, an impressive body of literature on the chemistry and biology of essential fatty acid-derived products and related structures has been reported. Advances in this field have uncovered a complex family of molecules with important physiological roles. The therapeutic and health-promoting effects of omega-3 fatty acids have been extensively studied in chronic inflammatory and autoimmune diseases through various mechanisms. DHA and EPA-derived mediators are potent autacoids that dampen inflammation. In recent years, a growing interest in omega-3 PUFAs in human health has occurred at a rapid pace, with new results expanding our understanding of their roles in immunomodulation and in the endogenous resolution of inflammation.

In this Special Issue, our goal is to highlight up-to-date research on essential omega-3 fatty acids and related products, focusing on their effects on human health across the lifespan and the opportunities they offer for the development of novel therapeutic agents. We welcome various types of manuscript submissions, including original research and review articles.

Guest Editors

Dr. Robert Nshimiyimana

Center for Experimental Therapeutics and Reperfusion Injury, Department of Anesthesiology, Perioperative and Pain Medicine, Brigham and Women's Hospital and Harvard Medical School, Boston, MA, USA

Dr. Hong Yong Peh

Immunology Translational Research Programme, Yong Loo Lin School of Medicine, Department of Pharmacology, National University of Singapore, Singapore 119077, Singapore

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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