

Special Issue

Effects of Nutrient Intake on Cardiovascular Disease

Message from the Guest Editor

The burden of cardiovascular disease is a global issue leading to a disproportionate number of premature and preventable deaths. Dietary habits and nutrient intake that influence metabolic health are well recognized as major modifiable factors that contribute to this risk. Despite, or because of, cardiovascular benefits displayed by GLP-1 agonists and SGLT2 antagonists, the role of a balanced and appropriate dietary intake as a primary or valuable adjunct to pharmacological therapy is crucial. The disproportional prevalence of cardiovascular disease in less affluent countries makes attention to dietary intervention for obtaining culturally and regionally optimal dietary patterns even more important. This Special Issue is designed to provide a platform to examine foods and/or nutrients that impact cardiovascular health and disease. In addition to pathophysiological and pharmacological investigations, studies that address cultural, regional/national and socioeconomic factors that influence dietary patterns and availability of key nutrients are welcome. We will also welcome original articles as well as narrative and systematic reviews.

Guest Editor

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Deadline for manuscript submissions

closed (5 June 2025)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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