

Special Issue

Body Image and Nutritional Status from Childhood to Adulthood

Message from the Guest Editors

As is well known, an individual's perception of the body, regardless of its appearance, is referred to as "body image". This perception depends on numerous factors, from realistic self-observation to emotions, feelings, memories, and attitudes associated with the body, both consciously and unconsciously. To ensure the health of children, adolescents, and adults, it is crucial to understand the relationship between perceived body image and actual weight status or body composition. Indeed, this may allow for the development of effective interventions to prevent and manage possible eating disorders. The purpose of this Special Issue is to highlight the latest relevant research in this field. Therefore, we welcome all reviews, research papers, and experimental and empirical studies that address aspects related to body image perception and actual physical appearance with nutritional status.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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