Special Issue

Allergy in Pediatrics: Nutritional Prevention and Intervention

Message from the Guest Editor

There is a growing body of evidence on the role of diet in the pathogenesis of allergic diseases in children. Dietary factors may also contribute to preventive strategies. The evidence is growing, but established knowledge about the role of specific nutritional intervention in atopy, allergies, and asthma development is still missing. Therefore, a better understanding of the role of diet in these diseases seems to be critical for achieving progress in reducing their incidence and morbidity. The purpose of this Special Issue is to provide up-to-date insights into the role of nutrition in allergy prevention and to search for intervention possibilities. Original research articles in both human and animal models, as well as narrated and systematic reviews and meta-analyses are highly welcome.

Guest Editor

Prof. Dr. Barbara Sozanska

1st Department and Clinic of Paediatrics, Allergology and Cardiology, Wrocław Medical University, 50-367 Wrocław, Poland

Deadline for manuscript submissions

25 March 2026



Nutrients

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed



mdpi.com/si/248384

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

mdpi.com/journal/ nutrients





Nutrients

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed





About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

- Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
 Preventive Medicine Service, Centro Hospitalario Universitario
 Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Palmas, Spain

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)