

Special Issue

Diet Functional Components for Disease Prevention and Management

Message from the Guest Editor

These bioactive compounds naturally present in foods that exhibit additional benefits beyond their basic nutritional value, have proved beneficial in many diseases' treatment and prevention. Certain foods that are rich in functional components can reduce the risk of certain non-communicable diseases. Thus, recommending a diet characterized by a wide variety of foods rich in functional components is a cost-effective, adjustable, and viable strategy in the management of diseases. The present Special Issue aims to summarize recent evidence on "Diet Functional Components for Disease Prevention and Management". Furthermore, the impact of functional nutrients on the prevention and treatment of different diseases as well as on their underlying mechanisms will also be addressed in this Special Issue. This Special Issue welcomes submissions of original research and reviews of the scientific literature, including systematic reviews and meta-analyses.

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Deadline for manuscript submissions

closed (5 June 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/178512

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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