Special Issue

Dietary Strategies in Metabolic Disorders

Message from the Guest Editors

This Special Issue, entitled "Dietary Strategies in Metabolic Disorders", will explore the impact of the different types of nutritional intervention on metabolic diseases with an increasing prevalence worldwide, including type 2 diabetes and its complications, obesity. dyslipidemia, metabolic syndrome, atherosclerosis and metabolic liver disease. We aim to elucidate the role of the nutrient composition, calorie intake and eating timing in different aspects of the prevention and management of these metabolic disorders. We also welcome studies on novel molecular targets and the genetic background that regulates the metabolic response to nutrition. This content may be useful for medical doctors, practicing dieticians and nutritional researchers. We look forward to the submission of interesting and attractive manuscripts, including original articles and review articles, to this Special Issue.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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