

Special Issue

Lifestyle Interventions for Obesity-Related Metabolic and Vascular Disturbances Through the Life Cycle

Message from the Guest Editors

In this issue, we would like to invite studies of different lifestyle strategies, including (but not limited to) physical exercise interventions, dietary interventions, their combination, or others for the rehabilitation of the obese condition and at the vascular level, and of those specific areas involved. Studies on populations with diabetes, arterial hypertension, metabolic syndrome, fatty liver, kidney disease, and cancer will be especially welcome. Similarly, vascular abnormalities under the context of obesity, including endothelial dysfunction, peripheral vascular disease, and atherosclerotic populations, are also welcome.

Our Special Issue welcomes different types of studies to report results of clinical and health variables as well as physical fitness and nutritional status in the following areas:

- Obesity-related metabolic or vascular abnormalities;
- Diet interventions for obesity-related conditions;
- Nutritional and physical activity interventions in non-communicable diseases;
- Exercise training and nutritional support in obesity-related vascular conditions;
- Nutritional education for health promotion.

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About the Journal

Message from the Editor-in-Chief

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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