

Special Issue

Healthy Diet During Cancer Treatment

Message from the Guest Editors

Sarcopenia and malnutrition are common problems before and during each form of anticancer therapy. What is a real, healthy diet for patients with an active cancer disease? This Special Issue will focus on the following aspects of nutrition during the on-going therapy:

- Useful screening tools to recognise unhealthy behaviours and nutrition;
- Relation between nutritional status and treatment response;
- Monitoring toxicities and complications of anticancer therapy and their impact on nutrition;
- Multimodal therapy of sarcopenia and malnutrition as part of supportive concepts;
- Anti-cancer diets as complementary or alternative medicine (CAM);
- Controlled supplementation with vitamins, trace elements and electrolytes;
- Nutrition as part of palliative care;
- Psychosocial and spiritual aspects of healthy diets for cancer patients.

All aspects encompass a healthy diet as the central point for patients with cancer during therapy. Reflecting this central role of nutrition, we support our patients in their journey through oncology.

Guest Editors

Prof. Dr. Jens Buentzel

Department of Otorhinolaryngology, Suedharzkrlinikum Nordhausen, 99734 Nordhausen, Germany

Prof. Dr. Jutta Hübner

Clinic for Internal Medicine II, Jena University Hospital, Am Klinikum 1, 07747 Jena, Germany

Deadline for manuscript submissions

1 October 2025



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/220239

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)