

Special Issue

Healthy Diet During Cancer Treatment

Message from the Guest Editors

Sarcopenia and malnutrition are common problems before and during each form of anticancer therapy. What is a real, healthy diet for patients with an active cancer disease? This Special Issue will focus on the following aspects of nutrition during the on-going therapy:

- Useful screening tools to recognise unhealthy behaviours and nutrition;
- Relation between nutritional status and treatment response;
- Monitoring toxicities and complications of anticancer therapy and their impact on nutrition;
- Multimodal therapy of sarcopenia and malnutrition as part of supportive concepts;
- Anti-cancer diets as complementary or alternative medicine (CAM);
- Controlled supplementation with vitamins, trace elements and electrolytes;
- Nutrition as part of palliative care;
- Psychosocial and spiritual aspects of healthy diets for cancer patients.

All aspects encompass a healthy diet as the central point for patients with cancer during therapy. Reflecting this central role of nutrition, we support our patients in their journey through oncology.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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