Special Issue

Healthy Diet During Cancer Treatment

Message from the Guest Editors

Sarcopenia and malnutrition are common problems before and during each form of anticancer therapy. What is a real, healthy diet for patients with an active cancer disease? This Special Issue will focus on the following aspects of nutrition during the on-going therapy:

- Useful screening tools to recognise unhealthy behaviours and nutrition;
- Relation between nutritional status and treatment response;
- Monitoring toxicities and complications of anticancer therapy and their impact on nutrition;
- Multimodal therapy of sarcopenia and malnutrition as part of supportive concepts;
- Anti-cancer diets as complementary or alternative medicine (CAM);
- Controlled supplementation with vitamins, trace elements and electrolytes;
- Nutrition as part of palliative care;
- Psychosocial and spiritual aspects of healthy diets for cancer patients.

All aspects encompass a healthy diet as the central point for patients with cancer during therapy. Reflecting this central role of nutrition, we support our patients in their journey through oncology.

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closed (1 October 2025)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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