

Special Issue

Nutrition for Cognitive Health and Neuroprotection

Message from the Guest Editors

Malnutrition is associated with a higher risk of developing dementia and mortality in neurodegenerative disorders. These disorders are characterized by the selective dysfunction and progressive loss of neurons and glial cells in the brain or peripheral nervous system, leading to cognitive decline and other functional impairments. This Special Issue, entitled 'Nutritional Problems Related to Neuroprotection and Cognition', presents the latest scientific achievements regarding the interactions between cognitive functions and nutrition in neurodegenerative disorders, aiming to identify novel dietary supplements that may prevent or delay cognitive decline and neurodegeneration. Therefore, this Special Issue welcomes the submission of cellular, animal, clinical and case studies that explore recent advances in the development of diets rich in antioxidants and anti-inflammatory compounds, as well as calorie-restricted diets; this could provide a potential non-pharmacological therapy in neurodegenerative disorders. This Special Issue aims to address the need to treat these disorders and reduce the burden on healthcare systems, families, and societies.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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