

Special Issue

Nutrition and Dietary Guidelines for Colorectal Cancer Patients

Message from the Guest Editor

This Special Issue focus on nutrition and dietary guidelines specifically tailored to colorectal cancer patients. Topics of interest include but are not limited to the following:

Evidence-based dietary recommendations for colorectal cancer prevention and post-diagnosis management.

The role of macro- and micronutrients in tumor biology, progression, and recurrence.

Dietary strategies to address chemotherapy and radiotherapy side effects, such as malnutrition, fatigue, or gastrointestinal discomfort.

The impact of gut microbiota and dietary modulation on colorectal cancer progression and patient well-being.

Nutritional interventions targeting inflammation, oxidative stress, and immune modulation in cancer patients.

Personalized nutrition approaches integrating genetic, epigenetic, and metabolic profiling to optimize care.

Clinical trials exploring the efficacy of specific diets, supplements, or functional foods in colorectal cancer management.

The current Special Issue aims to include original works and literature reviews that further explore the role of the diet in the prevention and recovery of esophageal cancer, providing new insights into clinical and nutritional strategies.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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