

Special Issue

Nutrition and Dietary Guidelines for Colorectal Cancer Patients

Message from the Guest Editor

This Special Issue focus on nutrition and dietary guidelines specifically tailored to colorectal cancer patients. Topics of interest include but are not limited to the following:

Evidence-based dietary recommendations for colorectal cancer prevention and post-diagnosis management.

The role of macro- and micronutrients in tumor biology, progression, and recurrence.

Dietary strategies to address chemotherapy and radiotherapy side effects, such as malnutrition, fatigue, or gastrointestinal discomfort.

The impact of gut microbiota and dietary modulation on colorectal cancer progression and patient well-being.

Nutritional interventions targeting inflammation, oxidative stress, and immune modulation in cancer patients.

Personalized nutrition approaches integrating genetic, epigenetic, and metabolic profiling to optimize care.

Clinical trials exploring the efficacy of specific diets, supplements, or functional foods in colorectal cancer management.

The current Special Issue aims to include original works and literature reviews that further explore the role of the diet in the prevention and recovery of esophageal cancer, providing new insights into clinical and nutritional strategies.

Guest Editor

Dr. Sung Uk Bae

Department of Surgery, School of Medicine, Keimyung University
Dongsan Medical Center, Daegu 42601, Republic of Korea

Deadline for manuscript submissions

closed (5 March 2026)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/224170

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)