

## Special Issue

# Breastfeeding and Maternal Health Outcomes

### Message from the Guest Editor

Breastfeeding is the natural form of nutrition for all newborns. The health benefits of breastfeeding or breast milk nutrition for premature babies and newborns are significant and have been proven in a large number of original studies. Almost none of the outcomes examined correlate negatively with breastfeeding. But the breastfeeding woman also has significant health benefits in addition to emotional benefits. Despite all the known benefits of breast milk nutrition for both mother and child, breastfeeding rates remain very low in many countries, especially in Western countries. This Special Issue is intended to provide a platform for current research results (original work and reviews) on maternal outcomes in breastfeeding. Of course, both positive and, if available, negative health outcomes in breastfeeding women should be investigated. All forms of original work are welcome, with a particular emphasis on prospective controlled investigations.

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### Guest Editor

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### Deadline for manuscript submissions

closed (30 May 2025)



## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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