

Special Issue

Food Packaging and Nutrition Labelling for Human Health

Message from the Guest Editor

The landscape of food packaging and nutrition labelling is rapidly evolving, offering exciting opportunities for research that bridges technology, consumer behaviour, and public health. From smart packaging that senses freshness to front-of-pack labels that nudge healthier choices, innovations are transforming how nutritional information is communicated. Systems like Nutri-Score not only influence consumer decisions, but also drive product reformulation across the food industry. At the same time, emerging discussions around nutrient bioavailability, visual design, and regulatory frameworks are reshaping the standards for effective labelling. This Special Issue of *Nutrients* invites cutting-edge research that explores these intersections, whether through empirical studies, policy analyses, or technological innovations. Join us in advancing the science behind how packaging and labelling can empower healthier lives.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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