

Special Issue

Food Packaging and Nutrition Labelling for Human Health

Message from the Guest Editor

The landscape of food packaging and nutrition labelling is rapidly evolving, offering exciting opportunities for research that bridges technology, consumer behaviour, and public health. From smart packaging that senses freshness to front-of-pack labels that nudge healthier choices, innovations are transforming how nutritional information is communicated. Systems like Nutri-Score not only influence consumer decisions, but also drive product reformulation across the food industry. At the same time, emerging discussions around nutrient bioavailability, visual design, and regulatory frameworks are reshaping the standards for effective labelling. This Special Issue of *Nutrients* invites cutting-edge research that explores these intersections, whether through empirical studies, policy analyses, or technological innovations. Join us in advancing the science behind how packaging and labelling can empower healthier lives.

Guest Editor

Dr. Ayten Aylin Tas

Department of Health Professions, Faculty of Health and Education,
Manchester Metropolitan University, Manchester M15 6BG, UK

Deadline for manuscript submissions

15 October 2026



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/247199

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)