

Special Issue

Current Status of Eating Disorders: From Prevention to Treatment

Message from the Guest Editor

Eating disorders are serious mental disorders affecting many adolescent females and young women and are associated with significant physical and psychological impairment. Anorexia nervosa and bulimia nervosa have emerged as the predominant eating disorders, characterized by extreme eating behaviours and overestimation of weight and body shape. There are many factors associated with the development of these disorders, including sociocultural factors (such as media and peer influences), family factors (such as enmeshment and criticism), negative influences, low self-esteem, and body dissatisfaction, among others. This Special Issue aims to highlight emerging evidence across a broad scope of disordered eating, spanning from restrictive to overeating attitudes and behaviours and subclinical to diagnosable conditions, with a special focus on nutrition and dietetic management. Both original research articles and reviews are welcome. The goal is to develop new interventions for treating eating disorders.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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