

Special Issue

Ultra-Processed Foods and Chronic Diseases Nutrients

Message from the Guest Editors

This Special Issue in *Nutrients*, entitled “Ultra-Processed Foods and Chronic Diseases Nutrients”, aims to explore the intriguing relationship between ultra-processed foods and health.

At the heart of this Special Issue lies a quest to understand the potential effect of ultra-processed foods on chronic disease prevention. This Special Issue also aims to explore controversies such as whether all ultra-processed foods are unhealthy; whether there are differences between animal- and plant-based ultra-processed foods; whether the negative findings are only because of their high added sugars, saturated fats, and sodium; and what the impact is of novel foods which have beneficial effects on health even though they are considered ultra-processed.

We encourage submissions of research findings, reviews, and innovative studies that shed light on the significance of personalized nutrition in disease prevention. This Special Issue aims to contribute in shaping the future of nutritional science and to explore the link between ultra-processed foods and chronic disease prevention from observational and clinical trials.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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