

Special Issue

The Role of the Gluten-Free Diet and Personalized Follow-Up on Complications and Associated Diseases in Celiac Disease

Message from the Guest Editor

Celiac disease (CeD) is a systemic immune-mediated disease that develops in genetically susceptible individuals. A gluten-free diet (GFD) is essential for CeD patients, and has many beneficial effects. During the disease's course, patients may face many complications. The role of a GFD in the management of the complications is controversial. The GFD could have positive effects on some complications, but some of them are irreversible. Gastrointestinal symptoms that remain despite a GFD raise further differential diagnostic questions. Personalized follow-up could help address these issues. The planned Special Issue discusses the complications of and diseases associated with CeD at diagnosis, and the effect of the GFD on these. Further clinical questions, e.g., differential diagnosis, the management of associated diseases, and personalized approaches during follow-up will also be discussed. Studies that deal with changing symptoms, levels of macro- and micronutrients, body mass index and body composition, bone metabolism, microbiome, quality of life, and dietary counselling during a GFD are welcomed. We also welcome materials related to refractory CeD.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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