

# Special Issue

## Nutrition and Lifestyle Intervention on Child Obesity

### Message from the Guest Editor

Children, especially minorities from limited-resource households and rural communities, have the highest rates obesity, and have maintained the highest rates of overweight and obesity for many years. Childhood obesity is considered a complex system in which behavior is affected by multiple individual-, family-, community- and environmental-level factors that enable or constrain the sustained balance or imbalance between dietary intake and physical activity. Thus, the constellation of health behaviors and settings that place children at increased risk for obesity must be simultaneously addressed through novel approaches. Understanding the effectiveness of interventions is essential for childhood obesity prevention. This Special Issue will focus on the “Effect of Lifestyle Intervention on Child Obesity” as it pertains to the implementation and evaluation of family and community-based interventions for preventing obesity and promoting healthy behaviors. In addition to one or two systematic literature reviews, we are interested in original research that focuses on theory-based novel interventions that utilize quasi-experimental or experimental design.

### Guest Editor

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### Deadline for manuscript submissions

closed (25 April 2024)



## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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