

Special Issue

Effects of Micronutrient Supplementation on Maternal and Child Health Outcomes

Message from the Guest Editor

Children and women of reproductive age are at greater risk of micronutrient deficiency. Globally, an estimated two-thirds of non-pregnant women of reproductive age and over half of children under five years old suffer from at least one form of micronutrient deficiency.

Furthermore, the magnitude of the problem is much greater in low- and middle-income countries where multiple micronutrient deficiencies often occur concurrently because of a poor-quality diet. Among the micronutrients, the most common deficiencies include iron, vitamin A, iodine, folate, and zinc. While micronutrient deficiencies could be prevented through a healthy diet containing diverse foods, as well as through food fortification and supplementation with micronutrients, the burden of micronutrient deficiency exists as a major public health problem worldwide.

The present Special Issue aims to bring together the latest research on the potential health and developmental impacts of micronutrient supplementation among women of reproductive age including pregnant women, adolescent girls, and children. Submissions of original papers, reviews, meta-analyses, and commentaries on the aforementioned issue are welcome.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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