

Special Issue

Nutritional Status and Lifestyle in Metabolic Disorders

Message from the Guest Editors

We are pleased to invite you to contribute to this Special Issue dedicated to the critical and multifaceted topic of “Nutritional Status and Lifestyle in Metabolic Disorders”. Metabolic disorders, including conditions such as diabetes, obesity, cardiovascular disease and cancer, continue to be global health challenges. This Special Issue delves into the intricate interplay between nutritional status, lifestyle factors, and the development, prevention, and management of these disorders. This Special Issue aims to provide a comprehensive overview of the current state of knowledge, emerging trends, and practical applications in the context of metabolic disorders. It also highlights the importance of patient education and public health initiatives to promote healthier lifestyles. Contributors to this Special Issue encompass a diverse array of experts and researchers in nutrition, medicine, public health, and related fields. Their collective work sheds light on the latest evidence-based strategies for improving nutritional status and lifestyle to mitigate the impact of metabolic disorders. We look forward to receiving your contributions.

Guest Editors

Dr. Patricia Ruiz-Limón
Dr. Hatim Boughanem
Dr. Ana Ojeda-Rodríguez

Deadline for manuscript submissions

closed (25 April 2025)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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