

Special Issue

Dietary Interventions for Obesity and Obesity-Related Complications

Message from the Guest Editors

Recent years have seen dynamic developments in the pharmacological treatment of obesity, and several new drugs will soon be coming onto the market.

Nevertheless, the more experience we gain with these drugs, the more we will recognize the importance of dietary treatment. Dietary interventions will continue to be a vital part of obesity treatment, either as the main approach or alongside pharmacological or surgical therapy. This Special Issue will explore the role of dietary interventions in managing obesity and its complications alongside the development of new treatment methods. We seek original contributions and reliable literature reviews and meta-analyses on the impact of dietary interventions (including various forms of supplementation) on obesity treatment outcomes. We invite you to collaborate with us.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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