

Special Issue

The Effects of Proper Nutrition Interventions on the Prevention and Treatment of Gynecological Disorders

Message from the Guest Editors

The lifestyles, including proper nutrition and physical activity, of adult and adolescent females are important not only in the context of proper development, but also to the prevention and treatment of pathological conditions in gynecology and sexology. Providing appropriate nutrients and bioactive compounds in the diet (including bioactive peptides, phytosterols, fibers, fatty acids, vitamins, minerals, probiotics, and prebiotics) may regulate various metabolic processes in human body and, at the same time, influence reproductive and sexual health. This Special Issue aims to present original papers and reviews on all aspects of nutrition in gynecological diseases.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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