# **Special Issue**

# **Nutrition in Children's Growth and Development**

# Message from the Guest Editors

As children's growth and nutrition involves complex biological processes, requiring adequate nutrient intake, continuous efforts are made by non-governmental, nonprofit organizations each year to reduce the incidence of malnutrition in vulnerable areas that can significantly hinder neuro-psychomotor development. Moreover. nutrient and vitamin deficiencies can be responsible for isolated symptoms or can silently evolve for years before causing a variety of issues such as concentration problems, neuropsychiatric disorders or a predisposition towards infections. Iron and vitamin D deficiency still remain the most common deficiencies at both pediatric and adult ages. The aim of this Special Issue is to attract reviews and research articles from pediatricians, obstetricians and nutritionists on a global scale, focusing on the causality between dietary patterns, maternal diet and the child's health. Moreover, this Special Issue will also cover topics related to nutrient and vitamin deficiencies, microbiome imbalances and their impact on the child's well-being and anthropometric parameters.

## **Guest Editors**

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## **Deadline for manuscript submissions**

closed (25 October 2025)



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# **About the Journal**

# Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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