# **Special Issue**

# Exploring the Role of Nutrition in Modulating Allergies and Allergic Reactions

# Message from the Guest Editor

We would like to invite you to jointly publish articles that will make up a Special Issue of Nutrients. The title of the Special Issue is "Exploring the Role of Nutrition in Modulating Allergies and Allergic Reactions". We propose a very broad topic related to the influence of nutrition and diets (e.g., elimination diets) in modulating allergic diseases (especially food allergy and its manifestations) and sensitization. We would like to suggest that the papers discuss the problems of nutrition and allergies not only in infants, children, and pregnant and breastfeeding women, but also in adults. We also encourage epidemiological, observational works, meta-analyses, review papers, narrative reviews, and perhaps interesting case series. Our proposal is wide. It seems to me that this is an excellent opportunity to share your research, positions, and conclusions from research. It can also be a motive for further discussions and joint projects. Additionally, it is an opportunity to publish your research in a renowned journal with a very significant impact factor. We invite and encourage you to join our project. We are open to your proposals and suggestions.

## **Guest Editor**

Dr. Adam J. Sybilski

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## Deadline for manuscript submissions

closed (20 October 2025)



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# **About the Journal**

# Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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