Special Issue

Mega-Trend: Sustainable Nutrition and Human Health

Message from the Guest Editors

This Special Issue aims to publish high-quality scientific papers regarding current trends in sustainable nutrition that directly contribute to human health. Sustainable nutrition, which directly impacts human health, is based on a holistic approach to dieting, including dietary recommendations and nutrient intake goals, taking into account the three pillars of sustainability: environmental, social/cultural, and economic sustainability. We encourage authors to submit their manuscripts to our Special Issue entitled "Mega-Trend: Sustainable Nutrition and Human Health", as we believe your work may contribute to a focused and up-to-date body of knowledge on this particular topic. Potential topics may include, but are not limited to, the current dietary recommendations for different populations, preventive and corrective actions against malnutrition, factors involved in nutritional inequality, causes and consequences of malnutrition, and social and economic factors impacting sustainable nutrition and human health worldwide.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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