

Special Issue

Advances in Nutrition for Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD) Management: Current Perspectives from the Bench to the Bedside

Message from the Guest Editor

This Special Issue in *Nutrients* welcomes leading experts and researchers to present the current research perspectives in nutrition focused on metabolic dysfunction-associated steatotic liver disease (MASLD, former non-alcoholic fatty liver disease (NAFLD)) management. MASLD gathers a spectrum of hepatic diseases, including simple steatosis, metabolic dysfunction-associated steatohepatitis (MASH), fibrosis, cirrhosis, and MASH-related hepatocellular carcinoma (HCC). MASLD is the most common chronic liver disease worldwide, and it affects one-quarter of the global population. Despite the increasing research in the area, changes in food habits and exercise are the main preventive strategies. This Special Issue aims to include original works and literature reviews that explore nutritional approaches with novel food bioactive compounds or functional foods, innovative dietary strategy based on precision nutrition, as well as dietary recommendations from randomized controlled trials focused on MASLD management.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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