

Special Issue

Dietary Assessment and Dietary Improvement Suggestions for Obesity

Message from the Guest Editors

The contributions include but is not limited to the following:

- Development, application, and evaluation of new technologies for weight management, such as data collection, recording, monitoring, and evaluation tools for diet and diet-related biomarkers based on artificial intelligence, image recognition, and wearable devices.
- Dietary intervention measures and their effect evaluations for overweight/obese people in different scenarios, such as families, schools, communities and institutions.
- Dietary improvement strategies for overweight or obesity people with different cultural backgrounds, socioeconomic status, physical conditions and habits.
- The combined effect of factors such as diet, physical activity and genetics on weight management.
- Dietary measures for the prevention of the adverse effects related to weight loss.
- Research on the food and nutrition environment and policies for weight loss and weight management.
- Behavioral science research related to the formation of healthy dietary behaviors in weight management.
- Dietary strategies to manage weight for special population such as children, the elderly, pregnant women, and people with other chronic diseases.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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