

## Special Issue

# The Role of Sustainable Diet and Nutrition Management in the Prevention of Chronic Diseases

### Message from the Guest Editors

Approximately 20% of global deaths are associated with poor diets, highlighting the importance of promoting healthy and sustainable diets and global food security. The transition to healthier and environmentally sustainable food consumption is complex, as it is affected by a variety of health, socioeconomic, agricultural and environmental factors. More interdisciplinarity research is needed to resolve the complexities regarding the support of sustainable healthy diets and food production toward both chronic disease prevention and environmental benefits.

This Special Issue encourages the submission of the latest research regarding technological, methodological and dietary strategies supporting sustainable healthy eating patterns for chronic disease management and prevention, particularly in the context of environmental impacts. We invite authors to contribute original research papers, as well as reviews (i.e., meta-analyses, systematic, scoping and narrative reviews).

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### Deadline for manuscript submissions

closed (5 January 2025)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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