Special Issue

Coeliac Disease, Microscopic Colitis and Exclusion Diets—a Commemorative Issue in Honour of Dr. Fernando Fernández-Bañares

Message from the Guest Editor

This Special Issue is made in honour of Dr. Fernando Fernández-Bañares, who passed away on June 13, 2023, at the age of 64. He became a world-renowned expert for his work on celiac disease and microscopic colitis.

Intestinal homeostasis is the result of a delicate interrelation between food, the microbiota and mucosa-associated immune system. The dysregulation of this complex interplay leads to different forms of intestinal inflammation, such as celiac disease or inflammatory bowel disease, including microscopic colitis. The differential diagnosis with functional disorders of the intestine is not always easy due to the overlap of various entities with poorly defined limits. Exclusion diets and microbiota modulation have been proposed as the therapies for many of these entities.

This issue provides a good opportunity to publish the results of research work in the field of nutrition, restrictive diets (lactose, fructose–sorbitol, gluten-free, FODMAPS, etc.), coeliac disease, intestinal inflammation and functional disorders.

Guest Editor

Dr. Maria Esteve

Gastroenterology Department, Hospital Universitari Mútua Terrassa, University of Barcelona, CIBEREHD, 08221 Barcelona, Spain

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
 Preventive Medicine Service, Centro Hospitalario Universitario
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Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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