

Special Issue

Novel Cardiovascular Risk Factors in Nutrition-Related Disorders

Message from the Guest Editors

In the XXI century, the epidemic of improper nutrition has spread dramatically. High-fat and high-sugar diets, as well as diets low in plant products and diets deficient in minerals, vitamins, and other nutrients, have been commonly used in western countries and beyond. These unbalanced ways of nutrition have resulted in various negative health consequences and cardiovascular disorders, from obesity, diabetes, hyperlipidemia, and gout to ischemic heart disease, arterial hypertension, stroke, and myocardial infarction. Therefore, an improper diet can significantly increase patients' cardiovascular risk. Various cardiovascular risk indicators are commonly used, including age, blood pressure, heart rate, glucose and lipids blood levels, body mass index, and many others. However, there is a strong need to improve the accuracy of risk evaluation. Thus, new cardiovascular risk indicators appear systematically. In our special issue, we encourage authors to submit their original studies, reviews, case reports, and clinical images that demonstrate the usefulness of novel cardiovascular risk markers in clinical practice.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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