

Special Issue

Dietary Intake, Eating Behaviors and Multiple Health Outcomes: From Pregnancy to Infancy

Message from the Guest Editor

Diet is a modifiable factor before and during pregnancy that impacts maternal and birth outcomes.

Accumulating research demonstrates that poor dietary quality before and during pregnancy is linked to maternal complications, such as gestational diabetes and hypertension and an increase in the predisposition of offspring to the development of many diseases. In addition to diet quality, recent studies show that dietary behaviors, including skipping breakfast, eating out, eating instant food, overeating, eating fast, meal timing, meal frequency and irregularity in meals may influence maternal and infant health. However, findings regarding dietary behavior during pregnancy and its related outcomes up to infancy remain challenging. This Special Issue will include research topics related to the association of dietary intakes and eating behaviours before and during pregnancy on maternal and/or infant health.

Guest Editor

Dr. Sakineh Shab-Bidar

School of Nutritional Sciences and Dietetics, Tehran, Iran

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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