

Special Issue

Micronutrients in Women's Health and Disease

Message from the Guest Editor

Vitamins and minerals, collectively known as micronutrients, are essential components of our diet. However, this does not mean that the demand for micronutrients in women and men is the same. On the contrary, the differences are significant due to the specificity of hormonal activity. Moreover, these differences occur among women themselves, which depends on differentiation in the hormonal profile related to age. The proper supply of micronutrients must therefore take into account many important circumstances. Otherwise, it can lead both minor disorders in the functioning of the body and serious diseases. For this reason, research on the presence of micronutrients in the diet and dietary supplements is very valuable from both a cognitive and a practical point of view. All interested in this subject are encouraged to submit valuable scientific articles to this Special Issue. Original articles, reviews and case reports are welcome.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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