

## Special Issue

# The Role of Natural Products in Obesity and Other Metabolic Diseases

### Message from the Guest Editor

Obesity occurs when energy expenditure is chronically lower than energy consumption (from food), and this considerably increases the risk of developing several life-threatening metabolic diseases, such as type 2 diabetes, nonalcoholic fatty liver diseases and cardiovascular diseases. Recently, natural products have shown tremendous potential in combatting obesity and related metabolic diseases via different mechanisms, including appetite, lipid homeostasis, adipocytes, inflammation, and intestinal bacteria. This Special Issue will address new basic and clinical research data on functional ingredients; antiobesity effects and mechanisms; and therapeutic strategies for metabolic diseases with the use of natural products. This Special Issue invites all researchers working with natural products and obesity or other metabolic diseases to submit original in vitro, animal and human research manuscripts, cohort studies, systematic literature reviews and meta-analyses.

### Guest Editor

Dr. Yan Li

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### Deadline for manuscript submissions

closed (14 December 2023)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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