

Special Issue

Nutraceuticals and Human Health and Disease

Message from the Guest Editor

To date, nutraceutical supplementation has been considered a viable approach for prophylaxis and the treatment of many pathologies, although several pathophysiological implications for their use still remain unclear. This Special Issue aims to collect original articles as well as review articles that share information on the molecular mechanisms and new targets of known or novel natural compounds, in order to broaden knowledge on preventing and reducing the risk and progression of diseases associated with metabolic imbalance, oxidative stress and inflammation. The present Special Issue aims to raise the awareness of the scientific community about the potential of nutraceuticals and the physiological, pharmacological and toxicological ramifications thereof.

Guest Editor

Dr. Francesca Oppedisano

Institute of Research for Food Safety and Health (IRC-FSH), Department of Health Sciences, University "Magna Graecia" of Catanzaro, 88100 Catanzaro, Italy

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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