

Special Issue

Dietary Sodium, Potassium Intake and Blood Pressure

Message from the Guest Editor

Reducing the population's sodium intake and reducing blood pressure are two urgent strategies to lower the prevalence of noncommunicable diseases worldwide. Recent research on the use of reduced sodium salt substitutes shows that this is a promising intervention, although questions remain about its effectiveness and safety in some population groups. As the World Health Organization launches its global report on sodium reduction, we launch this Special Issue, which aims to provide further evidence to inform this important topic area. In particular, we encourage the submission of papers that inform the development and implementation of population strategies to reduce blood pressure by decreasing sodium and/or increasing potassium intakes. This Special Issue aims to provide insight into:

- Population-level interventions to reduce blood pressure by altering the intake of sodium and/or potassium.
- The use of reduced sodium salt substitutes.
- Methodological issues that inform interpretation of the evidence.
- Epidemiological evidence regarding intakes of sodium and/or potassium and health outcomes, including blood pressure.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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