

Special Issue

Nutritional Intervention for Esophageal Diseases

Message from the Guest Editor

Esophageal diseases, including esophageal cancer and benign conditions, often have profound impacts on patients' nutritional status, leading to weight loss, malnutrition, and impaired treatment outcomes. Nutritional intervention plays a pivotal role in the comprehensive management of these patients, not only improving perioperative recovery but also enhancing tolerance to chemoradiotherapy and long-term prognosis. Recent advances in minimally invasive surgery, endoscopic therapy, and multimodal treatment have further highlighted the importance of tailored nutritional strategies. This Special Issue, "Nutritional Intervention for Esophageal Diseases", aims to provide a platform to explore the latest findings and innovations in nutritional assessment, perioperative support, and therapeutic approaches that integrate nutrition into clinical practice. We welcome submissions ranging from basic research and translational studies to clinical trials and case reports. By sharing cutting-edge evidence and multidisciplinary perspectives, this collection seeks to deepen understanding and improve patient care in the field of esophageal diseases.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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