

## Special Issue

# Effects of Dietary Fat Intake on Cardiometabolic Health

### Message from the Guest Editor

As the global burden of cardiovascular disease remains a pressing concern, the role of nutrition in metabolic health has never been more critical. Hence, this Special Issue “Effects of Dietary Fat Intake on Cardiometabolic Health” focuses on precision nutrition, specifically dietary fat and its impact in optimizing cardiometabolic health. We welcome original manuscripts on lipid metabolism and cardiovascular risk, aging and cardiovascular complications, studies on novel diet compositions and individualized nutrition strategies, and new insights into dietary fat types and their impact on cardiometabolic health, in addition to dietary fat intake-related nutrigenomics and metabolomics. We also encourage research highlighting social determinants of dietary habits and their impact on health disparities. We seek articles on both preventative and treatment-oriented medicine.

### Guest Editor

Dr. Jolita Badarienė

Faculty of Medicine, Vilnius University, 03101 Vilnius, Lithuania

### Deadline for manuscript submissions

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## Nutrients

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*Nutrients*

Editorial Office

MDPI, Grosspeteranlage 5

4052 Basel, Switzerland

Tel: +41 61 683 77 34

[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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