

Special Issue

Nutrition in the Etiology, Prevention and Treatment of Malignant and Benign Digestive Disorders

Message from the Guest Editors

This Special Issue is dedicated to the role of diet, eating habits and specific nutritional elements in the epidemiology, etiology, prevention and treatment of malignant diseases (e.g., esophageal, stomach, colorectal, pancreatic and liver cancer) as well as in a group of important benign diseases of the digestive system (e.g., gastroesophageal reflux syndrome, irritable bowel syndrome and inflammatory bowel disease).

It is generally accepted that diet represents one of the most significant environmental factors in the etiology and treatment of a number of malignant and benign digestive disorders. Currently, well-documented dietary recommendations for the prevention of gastrointestinal cancer include a reduction in the intake of energy, fat, processed foods and alcohol and an increase in the consumption of fruits, vegetables and fiber. On the other hand, diet plays a significant role in the prevention and relief of patients' symptoms in a number of benign digestive disorders.

We ask you to contribute to this Special Issue by submitting your research in this scientific field in the form of reviews, systematic reviews, or original articles.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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