

Special Issue

Nutritional Interventions to Improve Life Quality and Health Outcomes for Populations with Chronic Conditions

Message from the Guest Editors

Acknowledging the multifaceted nature of chronic illnesses, this Special Issue delves into evidence-based nutritional strategies that address the unique challenges posed by chronic conditions such as diabetes, cardiovascular diseases, and arthritis. Emphasizing the importance of a tailored approach, it aims to provide a comprehensive overview of dietary interventions, encompassing balanced nutrition, specific dietary modifications, and the integration of supplements when needed. By examining the impact of nutrition on inflammation, metabolic health, and overall well-being, we aim to guide healthcare professionals, policymakers, and individuals toward informed decisions that optimize health outcomes for diverse populations living with chronic conditions. This Special Issue aims to synthesize current research and best practices to contribute to the ongoing dialogue surrounding holistic healthcare approaches that prioritize nutrition as a cornerstone in the management of chronic conditions. All manuscripts (original articles, reviews, meta-analyses, and case reports) that provide a relevant scientific contribution will be considered.

Guest Editors

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Prof. Dr. Fiorenzo Moscatelli

Dr. Antonietta Messina

Deadline for manuscript submissions

closed (25 August 2024)



Nutrients

an Open Access Journal
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Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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