

Special Issue

Nutrition for Patients with Diabetes and Clinical Obesity

Message from the Guest Editors

This Special Issue of the Nutrition and Diabetes section focuses on the genetic etiology, nutrition and metabolism, clinical nutrition, and efficacy evaluation of health foods related to diabetes and obesity. We welcome researchers to submit original research articles, reviews, and clinical studies that align with these specialties and contribute to advancing our understanding in these critical areas. This Special Issue highlights innovative nutritional strategies and interventions aimed at effectively managing and treating both diabetes and obesity, which are prevalent and growing health concerns worldwide. Topics include but are not limited to the impact of bioactive compounds on the metabolic health of diabetes and obesity, personalized nutrition approaches tailored to individual needs, development and assessment of health foods designed for these conditions, and dietary recommendations for children with diabetes. We particularly encourage submissions that explore the molecular mechanisms of nutrition in diabetes and obesity, as well as practical applications for improving patient care and outcomes, thus bridging the gap between research and clinical practice.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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