

## Special Issue

# Impact of Nutritional Supplementation on Cognition and Neuroinflammation

### Message from the Guest Editor

We are pleased to invite you to submit scientific articles to this Special Issue of *Nutrients*, entitled “Impact of Nutritional Supplementation on Cognition and Neuroinflammation”. Cognitive decline is a common aspect of the aging process, and growing evidence suggests that neuroinflammation is involved in cognitive aging and the progression of diseases such as Alzheimer’s disease. A balanced diet, combined with a healthy lifestyle, has been shown to support brain health, extend life expectancy, and delay the onset of neurodegenerative disorders. However, the efficiency of nutrient absorption decreases with age and can be impacted by the use of medications. This makes the role of nutritional supplementation, particularly in the context of cognitive aging and neuroinflammation, an area that requires further research. This Special Issue aims to provide a platform for discussing innovative research related to the impact of nutritional supplementation, cognition, and neuroinflammation. I extend my gratitude to all contributors, reviewers, and the editorial team for their dedication to making this Special Issue a success.

### Guest Editor

Dr. Rui Wang

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### Deadline for manuscript submissions

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## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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