

## Special Issue

# Nutrition and Dietary Guidelines for Pediatric Gastroenterology

### Message from the Guest Editor

The Nutrition and Dietary Guidelines for Children and Adolescents are essential. In infants, in the first year of life, the universal guidelines are not common in practice and pose difficulties to parents. The greater number of exclusive breastfeeding months for the present and future life, the better the introduction of diversification or gluten. As I say to my medical students, if you use eggs at 9 months, if another food in the scale is not based on medicine rules, and if parents need a PhD to feed the infant, you can give all the food after 6 months of life, except additional sugar, salt, and food that infant can inhale or choke on. Moreover, the consistence of food is important. For celiac patients, the gluten-free diet needs to be perfect and preferential to be natural. The gut microbiome is important in pediatric gastroenterology dietary guidelines. We invite clinicians, researchers, and students to submit relevant scientific work, whether original articles or reviews, to this Special Issue on "Nutrition and Dietary Guidelines for Pediatric Gastroenterology".

### Guest Editor

Dr. Henedina Antunes

ICVS/3B's Associate Laboratory, School of Medicine, University of Minho, 4710-057 Braga, Portugal

### Deadline for manuscript submissions

closed (5 June 2024)



## Nutrients

an Open Access Journal  
by MDPI

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



[mdpi.com/si/166303](https://mdpi.com/si/166303)

*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)





# Nutrients

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)



## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

---

### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)