

Special Issue

Association of Dietary Intake with Chronic Disease and Human Health

Message from the Guest Editors

We are pleased to invite you to contribute to the Special Issue of the journal *Nutrients* on the subject area of “Association of Dietary Intake with Chronic Disease and Human Health”. This research topic aims to empirically provide a contribution to the expansive and ever-growing literature about the potential value of dietary interventions in managing chronic conditions. In fact, a balanced diet is recognized as an effective way of reducing the risk of chronic metabolic diseases. This Special Issue is aimed at providing selected contributions to address this topic with a particular emphasis on how to transfer experimental interventions and findings to practical on-field applications.

Potential topics include but are not limited to:

- Nutrition, chronic disease, and health promotion;
- Physical activity and health nutrition as essential elements to prevent chronic diseases;
- Chronic disease self-management education programs;
- Disability and physical activity in people with chronic disease;
- Nutrition transition and its relationship to the development of chronic diseases;
- Health and nutrition education.



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Deadline for manuscript submissions

closed (25 June 2024)





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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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