

Special Issue

The Relationship between Type I Diabetes and Pregnancy Diet

Message from the Guest Editors

Optimal glycemic control is pivotal to the successful outcome of type 1 diabetic Pregnancy. These goals are best obtained with diet, exercise, and insulin treatment. A good dietary pattern can help reduce the incidence of perinatal complications such as hyperglycaemia, hypoglycaemia, ketoacidosis, optimising weight gain, and improve neonatal outcomes. The present Special issue will focus overall of nutritional management including macro- and micro- nutrients on preventing pregnancy risks and promoting natal health. Recently, women with type 1 diabetes are encouraged to breastfeed. Dietary management of successful breastfeeding for maternal and neonatal health is also interested in this issue.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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