

Special Issue

Nutrition for the Prevention and Control of Chronic Degenerative Diseases

Message from the Guest Editor

Chronic degenerative diseases (CDDs), represented by non-infectious diseases with a long duration and slow progression, including obesity, heart disease, diabetes, neurodegenerative diseases, chronic respiratory diseases, and cancer, are the most frequent causes of prolonged disability and death worldwide. Patients with one or more CDD represent over 30% of the global population, and 70% of public health resources are dedicated to these diseases. In the meantime, infectious diseases caused by emerging pathogens, such as SARS-Coronavirus 2 (SARS-CoV-2), represent a real and current threat at global level. The relationship between CCDs and viral infection susceptibility is undeniable. Following the emergence of COVID-19, recent publications have demonstrated that the most serious clinical conditions in COVID-19 patients have been observed in people with obesity and metabolic dysfunction, as well as in protein-energetic malnourishment and micronutrient deficiencies. Authors are invited to submit original research and review articles that address the progress and current understanding of the role of personalized healthy and sustainable diet in CDD and COVID-19.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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